

## PROCLAMATION WOMEN'S HEALTH WEEK MAY 10-16, 2009

WHEREAS, Women's Health Week is a weeklong health observance with the theme "It's Your Time"; and

WHEREAS, Women's Health Week encourages and empowers women to make their health a top priority; and

WHEREAS, North Dakota communities, businesses, government agencies, health organizations and other groups are working together to educate women about steps they can take to improve their physical and mental health and lower their risks of certain diseases; and

WHEREAS, Women's Health Week is a celebration of women taking responsibility for their own health through greater knowledge and understanding; and

WHEREAS, North Dakota women are encouraged to promote health and prevent disease and illness by taking simple steps for a longer, healthier and happier life.

**NOW, THEREFORE,** as Governor of the State of North Dakota, I do hereby proclaim May 10-16, 2009, **WOMEN'S HEALTH WEEK** in the state of North Dakota.

John Hoeven

ATTEST:

Alvin A. Jaeger Secretary of State